



ASN UPENDO VILLAGE

TITLE: ASN UPENDO VILLAGE

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SUBMITTED TO: UPENDO VILLAGE, NFP, USA

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA

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EXECUTIVE SUMMARY

ASN Upendo Village has continued to live its name by providing love to the community and especially those infected and affected by HIV and AIDS. This report covers the activities that were carried out during the months of May and June 2015.

Among the highlight is that all the students under the sponsorship program were able to report back to school for their second term. Prompt payment of their school fees and acquisition of other necessities was effected to facilitate their timely return to their respective schools. Currently the number of sponsored students in the sponsorship program is standing at 192.

The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. It was accredited by the National Hospital Insurance Fund to provide outpatient services.

The social services department has continued to provide psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children.

The report herein provides an in-depth description of the various activities that were carried out by the ASN Upendo Village team in the different departments during the months of May and June 2015. We would like to most sincerely thank all our sponsors because it is as a result of their selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

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EDUCATION DEPARTMENT

At the beginning of May 2015, all the students under Upendo Village sponsorship program in primary, high school & college level reported back to their respective institutions of learning for Second term 2015 on the scheduled opening dates. The Primary school kids reported back to school on 5th May, 2015. Those in Secondary and College level reported back on 6th May, 2015. The department in collaboration with the administration department ensured prompt payment of their school fees and acquisition of other requirements was done to facilitate their timely return to their respective schools.

During the month of May, Mary Njambi Wanjiku a sponsored student lost her uncle due to road accident. It was a very sad incidence because she had lost her mother before. She had been left under the custody of the departed uncle. Mary is now in the custody of the departed uncle's wife. In the month of June another sponsored kid Miriam Wanjiru lost her mum. She has been left under the custody of her grandma. The department has continued to make considerable efforts to offer psychological and academic counseling to the sponsored kids with different challenges.



Patricia offering counseling services to a sponsored pupil

Currently the number of sponsored students in the sponsorship program is standing at 192. At the kindergarten/primary level there are 98 kids, High school level 61 and 20 students at college/university level. The number of post-secondary students waiting to join college/university is 14. Out of the 18 students in colleges/university, 7 students are waiting to graduate in the course of this year or next year. Two medical students who graduated last year will be completing their medical internship at the end of this year after which they will be free to seek formal employment in any medical facility.

| Type of institution | Boys | Girls | Total |
|---------------------|-----------|-----------|------------|
| Nursery School | 0 | 1 | 1 |
| Primary School | 47 | 50 | 97 |
| Secondary School | 30 | 33 | 63 |
| Secondary School | 7 | 7 | 14 |
| College/University | 11 | 6 | 17 |
| TOTAL | 95 | 96 | 192 |

Gender distribution of sponsored students at ASN Upendo Village

Among those students in college, two are currently on attachment; one in teaching practice and another is doing community service. We also had one sponsored student; Peter Ndirangu who graduated from college in the month of May this year. He was doing a two year technical course in motor vehicle mechanic. Peter was being sponsored by DT Dobie & Co (K) Ltd. He is currently waiting to get an attachment.



Peter Ndirangu posing for a photo during his graduation

INCOME GENERATING ACTIVITIES

The Income Generating Program is still bringing meaningful transformation to the lives of our clients and their families. During the period under review, the following activities were carried out. 13 clients including grandmas benefitted with dairy goats. The total number of goats beneficiaries' stands at 292. In addition five goats have given birth, two goats gave birth to twin kids; a female and a male and the other three one kid each.



Elizabeth Njeri a grandmother receiving a dairy goat from Sr. Agnes and Simon the Accountant

In order to ensure proper follow up for all the projects, the department visited eleven families and the progress of the projects been implemented by this families was very motivating and encouraging. During the month of May and June, the department continued to support our clients and educate them on proper utilization of what they have received. This was made possible through home visits and support group meetings.



Samuel Ngigi one of the Dairy Alpine German goat project beneficiary with Stephanina Kuria the IGAs coordinator during a home visit

Water plant project (Fountain Valley Packaged Drinking Water)

The project has continued to offer high quality products to the market and customers are appreciating what we are offering. The marketing team in collaboration with the project development office and Fountain Valley water management committee has continued to come up with different marketing strategies and tools which would enable the product to be competitive enough. During the period under review, the marketing team visited Narok County and did feasibility study of the market. The outcome was very encouraging because our product was sampled by different customers in Narok town and the response was very positive. However, the management agreed to facilitate the marketing team to fully venture in that market during the summer seasons when it's very hot and the demand of soft drinks especially water is very high.



Water packaging team and sponsored students waiting to join college at the water bottling plant labelling, sealing and packaging bottled water.

MEDICAL DEPARTMENT

ASN Upendo dispensary has smoothly and constantly being expanding its services in terms of community outreach in provision of medical services. Having being accredited by the National Hospital Insurance Fund in provision of outpatient services, the dispensary has more opportunities to expand. Our vision is to have more services i.e. Dental, Radiology and Eye so as to be a comprehensive outpatient service provider.

The diagram below represents the number of clients who benefitted from our services in the month of May and June.

Outpatient general cases

| CADRE | 1st ATTENDANCE | 2rd ATTENDANCE | TOTAL |
|--------------------|--------------------------------------|--------------------------------------|--------------|
| MALE | 140 | 174 | 314 |
| FEMALE | 171 | 195 | 366 |
| <5 YEARS | 53 | 62 | 115 |
| TOTAL | 364 | 431 | 795 |

| Maternal and child health | | Child welfare clinic | |
|----------------------------------|---|-----------------------------|----|
| New cases | 3 | New-cases | 20 |
| Re-Attendance | 6 | Re-Attendance | 10 |
| Total No. | 9 | Total No. | 30 |

HIV/AIDS enrolments

| | |
|----------------------------|--------------------|
| In care Enrollments | 24 Patients |
| VCT testing | 14 Patients |

Additional services

| | |
|----------------------------------|------------|
| Laboratory tests done | 365 |
| Cervical cancer screening | 4 |
| Physiotherapy | 3 |

Top ten institution diseases

- Upper respiratory tract infection (URTI)
- Tonsillitis
- Gastroenteritis
- Pneumonia
- Skin infections
- Typhoid fever
- Joint pains and arthritis
- Septicemia
- Candidiasis
- Urinary tract infection (UTI)

NUTRITION DEPARTMENT

During the month of May and June, we have held our weekly meetings which went on well. The nutrition program has been core to our services because we recognized that anti-retroviral drugs alone without proper nutrition cannot yield the desired results in the fight against HIV and Aids is to be enhanced.

At ASN Upendo village we have continued to provide nutrition supplements to weak clients and children infected by HIV and Aids to ensure they regain their strength.

During the month of May and June clients were reminded on the importance of taking a balanced diet and also eating the locally, cheap and available food. The aspect of living in a clean environment and improving personal hygiene was stressed.



Members of Karai support group enjoying a meal with some fruits during support group meeting

Through the efforts of the administration and the well-wishers, we managed to feed an average of 270 families during the period under review. Sixteen needy families also benefited from the nutritional food supplements program.



Members of Mai-Mahiu support group posing for a group photo as they wait for distribution of nutritional supplements

Due to economic constraints and the prolonged drought, we have faced challenges in food distribution. Therefore this has forced us to wean the old clients who have benefited in any of our programs. E.g child sponsorship, whereby they only receive the unimix and leave the rest of the food supplements to the new and weak clients.

Support group attendance

| Name of the support group | May 2015 | June 2015 | Average |
|---------------------------|------------|------------|------------|
| Mai-mahiu | 64 | 58 | 61 |
| Karai | 85 | 91 | 88 |
| Mirera | 77 | 73 | 75 |
| Town | 46 | 45 | 46 |
| Total | 272 | 267 | 270 |

SOCIAL WELFARE DEPARMENT

Grandmothers Project

The main goal of this group is to empower and educate them to realize their full potential to be able to generate income as they bring up the orphans. Often times the society portrays them as sick, frail (very weak) unproductive and culprits for busting the federal budget. In May we discussed with them their importance in the community especially to the children they care for in that they give advice and often tell the children the stories of their parents since some of them never saw their parents i.e. they are source of family history and traditions. We advise them to treat the grandchildren fairly without favourism. During the discussion they realized the following qualities they have: confidants, best baby sitters, reliable, kind, caring, funny and hardworking etc. These makes the grandchildren love and trust them.

In the month of June, we discussed on cholera since few cases were reported in Naivasha and its environs. Cholera is a dangerous disease caused by a bacterium called vibrio cholera that make a patient to pass excessive watery diarrhea, leading

to severe dehydration and even death if not treated promptly. It is spread through eating food or drinking water contaminated with fecal matter containing cholera germs. It can also be spread through defecating in the open, not washing hands with soap and running water after using the latrine. They were also advised to be careful when handling packed food for school going children and preparing vegetables and any other form of either cooked or uncooked food. They were also facilitated on the signs and preventive measures of cholera.

Signs of Cholera

A person suffering from cholera develops the following signs:-

- Frequent passing of watery diarrhea
- Vomiting
- General body weakness due to excessive loss of water
- Feeling thirsty and decrease in urinating due to reduced body fluids.

How to prevent cholera

- Always use a toilet to dispose all feces, including children's feces.
- Ensure toilets are clean always.
- Always wash hands with soap and running water after using a toilet, before preparing and eating food.
- Protect sources of drinking water and ensure the water you drink is boiled or treated in order to kill germs.
- Cook food thoroughly and eat it while still hot and ensure all food is stored safely.



Left: Sr. Juliana facilitating grandmothers on how to wash vegetables.
Right: A client washing hands using running water after using latrine

Support groups

The same topic of Cholera was taught to clients during support group meeting and urged to report any cases of those who develop symptoms to the nearest health facility. Health is an individual effort and it belongs to anybody and therefore they should take full control of what they eat or drink.



Left: Clients preparing vegetables for Lunch Right: Clients washing utensils after taking meals during one of the Mirera support group meetings

National Hospital Insurance Fund (NHIF)

In June a team of NHIF staff (Naivasha branch) were invited to discuss with our clients on the new enhanced scheme. The areas of discussion were:-

- ❖ Objectives of the enhanced scheme-Provision of enhanced medical services to both formal and informal sectors.
- ❖ Membership and registration-Membership will be in two forms i.e. formal and informal.
- ❖ Facility/Hospital choice-Each individual will be required to choose one facility for out-patient services and can be admitted at any facility registered with NHIF for inpatient services.
- ❖ Service provision-Both outpatient and inpatient medical services will be provided to all contributors both formal and informal.

The clients were informed that our dispensary was credited to offer services to NHIF members and therefore we encouraged them to register with ASN Upendo Village dispensary. Some of our clients are members of NHIF and those who haven't yet registered were encouraged to do so since membership is for both formal (employed individuals both in private and public sector) and informal (self-employed) and it covers both inpatient and outpatient services. Twelve clients registered during the month of June adding up to a total of 150 members of support groups who are registered.



NHIF staff talking to clients during support group meeting

Home and hospital visits

During the period under review, the department made 26 home and 12 hospital visits. Four of our clients were admitted at the Naivasha level 5 district hospital. One succumbed to TB, two were discharged and one is still undergoing treatment. We also have few clients who are weak at home but are doing well.

Home visits



Left: Peter (Nurse) assisting bed ridden client to walk using crutches (Physiotherapy). Right: the client receives a gift of Leso from staff members of ASN Upendo Village.

Hospital visits



Left: Margaret Achieng with Angeline Khati (on attachment). Right: Sr. Juliana visiting Samuel Mbugua in Naivasha level five district hospital

Enrolment

| Clients | May 2015 | June 2015 | Cumulative |
|-----------------------|----------|-----------|------------|
| HIV positive Men | 2 | 1 | 716 |
| HIV positive women | 6 | 11 | 2081 |
| HIV positive children | 2 | 2 | 298 |
| Household members | 19 | 13 | 245 |
| OVCs | 38 | 41 | 5884 |
| PMTCT babies | 1 | 0 | 351 |

Prevention of Mother To Child Transmission (PMTCT)

The PMTCT program continues to support babies born by HIV positives mothers to access infant formula milk. This has been made possible with the assistance from well-wishers and partly the government which has since stopped the procurement of the commodity. During the period under review, we enrolled two abandoned babies. They benefited from infant formula milk program for two months and the babies have since then been placed in children's homes. Two expectant mothers have also been enrolled on the program. Currently we have 13 babies on formula milk.



Brigid a social worker weighing a baby during a PMTCT meeting as the mother looks on

PROJECT DEVELOPMENT OFFICE

The Project Development Office's mandate is to source for funds through corporates, foundations and individuals in order to sustain the operations of the institution. The office is also involved in coming up with creative ideas to minimize costs, raise additional revenue and coming up with ideas that will ensure programs sustainability.

During the period under review, the office was involved in donor reporting for the U.S office. The other roles that the office played includes – supervision of the compound maintenance and security team and ensuring that the compound and any form of fixed assets are well maintained and also provide oversight on security matters.

On 1st June 2015, project development office and ASN Upendo Village management invited trained security personnel from the Kenya Defence Forces to facilitate and train our security team at ASN Upendo Village on basic security techniques and tricks. The areas covered included:

- Personal security
- Security among each other
- Manners when handling people and especially our clients (Customer care)
- Behavior at work
- Office etiquette



Members of the security team during a training session with Kenya Defence Force Security officer Cyrus Sila

Recommendations

- At the main gate the sentry to be manned by at least two guards.
- The gate to be always closed and manned throughout.

- Night security guards to be increased at least from one to three guards.
- The number of sentry box to be increased (main gate alone is not enough).
- Metal detectors and search reflectors to be bought.
- The compound to be installed with CCTV cameras for surveillance and reference.